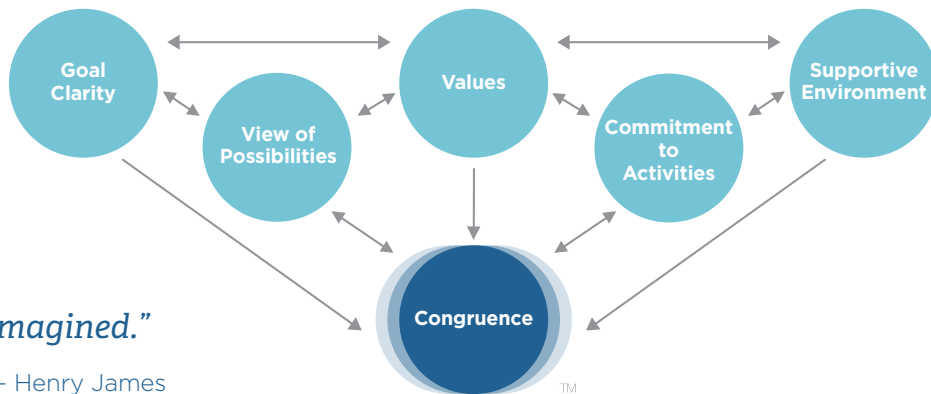


# FIVE DRIVERS OF HIGH ACHIEVEMENT

## Coaching Tips

*"It's time to start living the life you've imagined."*

- Henry James



### GOAL CLARITY

- Ask them how committed and/or excited they are about the goal on a scale of 1-10.
- Encourage him/her to focus on the rewards of reaching their goal rather than on the obstacles or roadblocks.

### VIEW OF POSSIBILITIES

- Encourage studying others who have achieved goals similar to their goals.
- Collaborate together to design a strategy of logical interim steps toward his/her goal.

### VALUES

- Encourage creating and focusing on goals that provide value for others.
- Ask them to explore if their goals are consistent with their true values.

### COMMITMENT TO ACTIVITIES

- Help them clearly understand the activities necessary to reach their goals.
- Challenge them to identify meaningful rewards they can give themselves when they achieve their goals.

### SUPPORTIVE ENVIRONMENT

- Encourage sharing of their goals with key people and associate with people who will support their goals.
- Challenge them to find 1-2 people who are on the level they'd like to be performing and seek advice.

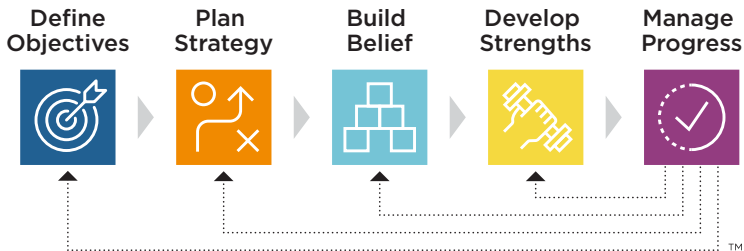
## SUCCESS ROADMAP

### Coaching Questions

*“The minute you begin to do what you really want to do, it’s really a different kind of life.”*

- Buckminster Fuller

### ACHIEVEMENT DRIVE



1. *Where are you now in your life/career and where would you like to be?*
2. *What does that look like? How will you determine success?*
3. *What about that goal excites you? Motivates you?*
4. *What about that goal de-motivates you?*
5. *What progress have you made with your goal? Are there any revisions/changes you need to make in your goal?*
6. *What incremental mini-goals have you achieved?*
7. *What new mini-goals do you need to set?*
8. *How will you build belief that your goal is possible?*
9. *What prior successes can you build on? What new beliefs will you need to build?*
10. *What new attitudes, habits, skills and specialized knowledge do you need to develop?*
11. *What affirmations will strengthen your belief and desire?*
12. *What can you do today that will take you one step closer to your goal?*